Table of Contents

List of Acronyms pag. 9

Preface, by *Jean-Pierre Lozato-Giotart* » 11

1. Introduction: Bridging Historical Mobilities and Cultural Routes » 15

2. Historiographical Perspectives from Ancient to 21st Century Mobilities » 19
2.1. The Enduring Fascination with Roman Roads » 20
2.2. From the Origins of Medieval Roads » 24
2.3. «*Francesche*», «*Romee*», and «*Francigene*» Ways: Early Rediscoveries » 26
2.4. The Proliferation of Local Studies from the Mid-20th Century » 35
2.5. The Consolidation of Road Studies and Their Epistemological Framework » 38
2.6. "Route Archaeology": the Material Approach to Mobility » 41
2.7. Current Perspectives and Proliferation of Studies » 43
2.8. Final Considerations: An Open Debate over the Francigena's Identity » 52

3. Methodologies and Strategies for Historical and Contemporary Mobilities » 55
3.1. Interregional Perspectives: A Comparative Analysis of Two Case Studies » 58

3.2. The Geo-Historical Documentation pag. 60
3.3. Expanding Heritage Boundaries: Towards an Inclusive Approach » 60
3.4. GIS Applications for Heritage Mapping and Spatial Dynamics » 64
3.5. Examining and Understanding Contemporary Slow Mobilities » 67

4. Defining the Via Francigena: Historical Evolution and Conceptual Framework » 72
4.1. Sacred Mobility, Cultural Exchange, and the Braided Structure » 73
4.2. The «*francisca*» Adjectival Value and Its Linguistic Evolution » 75
4.3. Instability, Spatiality, and Hierarchies in Medieval Route Networks » 76
4.4. Hospitality Infrastructure: The Core of Medieval Mobility » 78
4.5. The Medieval Via Francigena and the Modern *Strada Regia Romana* » 82
4.6. Continuity and Change in the Via Francigena's Legacy » 83
4.7. From Multipolar Mobilities to Cultural Route » 84

5. Heritage and Spatial Analysis across Medieval and Contemporary Mobilities: Insights from Comparative Case Studies » 87
5.1. Exploring Mobilities Along the Tuscan-Emilian Apennine Axis (CS1) » 89
5.1.1. Geo-historical Setting across Emilia-Romagna and Tuscany » 90
5.1.2. Continuity and Discontinuity between Roman and Medieval Mobilities » 102
5.1.3. Mapping Key Routes through Travel Sources » 104
5.1.4. The Medieval Route Network between Emilia-Romagna and Tuscany » 107
5.2. A Comparative Perspective on Medieval and Contemporary Mobilities: Connecting Heritage and Routes (CS1) » 120
5.2.1. Mapping Heritage: Routes, Settlements, and Nodes » 121
5.2.2. Heritage on the Move: Dynamic Spatial Patterns » 127

5.3. Exploring Mobilities along the Tuscan and Lazio Hilly Corridors (CS2) pag. 135
5.3.1. Geo-historical Setting across Tuscany and Lazio » 136
5.3.2. Continuity and Discontinuity Between Roman and Medieval Mobilities » 142
5.3.3. Mapping Key Routes through Travel Sources » 144
5.3.4. The Medieval Route Network between Tuscany and Lazio » 147
5.4. A Comparative Perspective on Medieval and Contemporary Mobilities: Connecting Heritage and Routes (CS2) » 171
5.4.1. Mapping Heritage: Routes, Settlements, and Nodes » 171
5.4.2. Heritage on the Move: Dynamic Spatial Patterns » 178

6. Mobilities in European Pilgrimage and Cultural Routes: Measuring Movement, Experiencing Place » 188
6.1. Patterns and Trends through Quantitative Insights » 198
6.1.1. Framing the Local Involvement: Insiders and Hosts » 203
6.1.2. Identifying Wayfarers and Practices of Interaction » 209
6.2. Experiencing Pilgrimage: An Itinerant Ethnography » 220
6.2.1. Living with the Route: Hosts, Locals, and the Pilgrimage Flow » 221
6.2.2. In Motion: Pilgrims and the Rhythms of Slow Mobility » 233
6.3. Cultural Routes, Pilgrimage, and the Human Impulse for Mobility » 251

7. Geographies of Movement: Connecting Cultural Routes and Heritage in Past and Present Mobilities » 254

Acknowledgements » 261

Bibliographic References » 263